



## City of Gaithersburg Press Release

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### For Immediate Release

## Registration Now Open for Gaithersburg Outdoor Recreation Classes Fitness, Yoga & More Starting the Week of July 6

**Gaithersburg, MD – (June 25, 2020).** Registration is now open for a selection of outdoor recreation classes in the City of Gaithersburg. Classes will be held at the City Hall Concert Pavilion, Kentlands Green and Main Street Pavilion starting the week of July 6. Register online [here](#).

To help slow the spread of the coronavirus, several safety measures will be in place. Masks are required when interacting with staff or other participants. Restrooms and water fountains will be unavailable; bring your own water. Participants must bring their own equipment, such as yoga mat and weights, when applicable.

Outdoor offerings include:

### [City Hall Concert Pavilion](#), 31 South Summit Avenue

Core + Cardio: Mondays and Wednesdays, 7 p.m.  
High-Intensity Interval Training: Tuesdays and Thursdays, 9:15 a.m.  
PiYo: Thursdays, 7 p.m.  
Yoga Vinyasa: Saturdays, 9 a.m.

### [Kentlands Green](#), 117 Kent Square Road

Dance Fitness: Tuesdays, 7 p.m.

### [Main Street Pavilion](#), 301 Main Street

Dance WERQ IT: Tuesdays, 7 p.m.  
Yoga - Building on Basic Poses: Fridays, 9 a.m.  
Stretch and Balance: Fridays, 10:15 a.m.

Explore all of our recreation class, camp and programming offerings at [gaitHERsburgmd.gov/recxpress](http://gaitHERsburgmd.gov/recxpress). Sign up for our newsletter on the City's [website](#) and follow us on Facebook [@GaithersburgRecreation](#). For more information, call 301-258-6350.

Due to the continuing public health crisis, the City is also offering many virtual summer recreation classes in lieu of in-person programs. Explore our virtual offerings and register online [here](#).

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